



2.5 Additional Activity: Kindergarten to Grade 8 Vegetables and Fruit Paper Craft Virtual Salad

Resources required

- Construction paper
- Markers and crayons
- Scissors
- Glue

Instructions

- Ask your students to identify some of their favourite vegetables or fruit, according to the type of virtual salad you will be making.
- Write down their responses and add a few lesser known vegetables or fruit into the mix.
- Have the students each choose one vegetable or fruit from the list compiled.
- Give them construction paper to draw the vegetable or fruit they have chosen and cut out the finished drawing.
- Display the virtual salad in a construction paper salad bowl and post on the bulletin board or class door.

Use the key messages from section 1.7 *Why Paint Your Plate?* and section 2.2 Teacher Backgrounder for expanded discussion with students regarding the importance of colour in the vegetables and fruit choices for these bulletin board/door decoration ideas.